

TOPORNA SETKA 104km - REGULATIONS

ORGANIZER

The organizer of the race is the company HIT THE TRAIL EVENTS S.C.

34-120 Andrychów Wyzwolenia 82

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ROUTE AND RUN TYPE

Toporna Setka is an individual, long-distance, mountain running race along Beskid Mały tourist trails and additional fragments marked by the Organiser. The running distance is 104 km with the elevation of +4447/-4318m. The race starts in Andrychów, continues along the green trail to Pod Gancarzem mountain pass, then it turns right to the blue trail in the direction of Panczakiewiczza mountain pass. Turning right, the route continues on the yellow trail to Czartak and then to Jan Paweł II Groń and PTTK Leskowiec mountain hostel. From the mountain hostel, the route leads along the red trail in the direction of Targoszów, and next along the yellow trail to the top of Leskowiec. From the top of Leskowiec, the route takes on the red trail, and before the Madohora natural reserve, it changes into the green trail going in the direction of Kocierz Rychwałdzki. The next stage of the race, marked by the Organiser, leads to Potrójna and Kocierz. Further on, the route goes along the red trail to the turning at the Przysłopcisowy mountain pass. The blue trail runs in the direction of Czernichowo, next, through the area marked by the Organiser, to Porąbki and the green trail up to Trzonka. After turning left, the yellow trail takes us to Targanice and Potrójna. The last black trail stage of the race leads to the end of the run in Czarny Groń Centre.

Route details, with bird view and the chart of elevations, to be found in "route" tab on www.beskidzkitopor.pl

The route will be published in the form of a map distributed to every race participant.

ITRA/UTMB points : 4

DATE AND PLACE

The competition start on 18 May 2019.

The race starts at 1:00 at ul. Wietrznego 6 in Andrychów (opposite the swimming pool).

The finishing line is at Hotel & Spa Czarny Groń, Osiedle Praciaki 91, 34-125 Rzyki

Competitors' decoration, race closing ceremony, after-run-party, taking place also on the area of Czarny Groń Hotel.

PARTICIPATION REGULATIONS

In order to take part in the race one must:

- be of age
- show ID with a photo confirming your personal data when picking the starter package
- complete the participation form found on beskidzkitopor.pl
- pay the registration fee as listed in the price list
- personally sign the statement that there are no health contraindications to take part in the race and the participation is on one's own responsibility
- pick the starter package at the race office during its working hours
- show on time at the start of the race with indispensable and mandatory equipment

MANDATORY EQUIPMENT

Every participant must carry the mandatory equipment throughout the entire race. The equipment may be checked during the run or at the finishing line. If some of the mandatory equipment is missing, the participant may be given a time penalty.

The mandatory equipment consists of:

- backpack
- torch
- headlamp with full batteries
- waterproof jacket
- space blanket (NRC foil)
- fully charged mobile phone with saved emergency and organiser's number
- route map provided by the organiser
- mug/container for water of minimum 120 ml – to pick drinks at control points.

ROUTE REGULATIONS

- the runners are obliged to cover the route on foot
- during the race, the competitor is obliged to run along the route designated by the organiser
- the competitor is obliged to fasten his/her start number on the front of their sportswear, in a visible and legible place
- it is forbidden to cover, change or destroy route markings.
- it is absolutely forbidden to destroy plants, frighten animals, drop litter (litter, waste or other non-organic remains are to be left at control points or at the finishing line in the designated area)
- the competitor may change clothes or equipment at any point on the route
- it is not allowed to leave any elements of the mandatory equipment with the fans cheering on the route in order to get rid off the ballast

ROUTE DANGEROUS POINTS

There are some dangerous points on the route i.e. street crossing or fragments of the route where the runners must run along the side of the road. Every competitor must take all the precautions at these distances. When running on the side of the road, one must follow road traffic regulations and give way to road vehicles. The competitors must also follow the instructions and tips of the policing services. Dangerous fragments of the route will be secured by volunteers and representatives of the Fire Brigade in uniforms.

SERVICES

The organiser, as part of the registration fee, provides:

- timing and referee service
- run route map
- start number
- buffet at refreshment points
- meal after the run
- commemorative medal
- cups for run winners
- prizes in kind for best runners
- medical support on the route
- transport of the deposit from the start in Andrychów to the finishing line at Czarny Groń Centre in Rzyki
- the moving of the transition area from the start in Andrychów to Kocierz, and to the finishing line at Czarny Groń Centre in Rzyki

RACE OFFICE

The race office will be located in Andrychów ul. Wietrznego 6 (opposite the swimming pool). The competitors will sign up, pay the registration fee (limited number of place) and pick up the starter package in the race office.

The office working hours are from 11.00, on 17 May (Friday) 2019, to 00.45, on 18 May (Saturday).

One can reach the race office under the telephone number of the organiser.

CONTROL POINTS

There will be mobile and stationary control points located on the race route. To be classified, a competitor must be registered in all stationary control points. Mobile control points may be located along the race route in locations unknown to the competitors.

Table of stationary control points.

TOPORNA SETKA	KM
<i>Ponikiew</i>	14,2
<i>Leskowiec - shelter</i>	29,5
<i>Leskowiec summit</i>	38,5
<i>Łysina</i>	52,0
<i>Kocierz</i>	65,0
<i>Międzybrodzie</i>	75,0
<i>Porąbka</i>	84,5
<i>Targanice</i>	95,0

LIMITS

The race time limit is 20 hours. Competitors who are not be able to complete the race within the designated time, shall be disqualified at control points.

Individual control points limits

TOPORNA SETKA	KM	TIME LIMIT - HOUR	LIMIT – TIME FROM START
<i>Andrychów – opposite the swimming pool - START</i>	0	1:00	-
<i>Ponikiew</i>	14,2	4:00	3h
<i>Leskowiec - shelter</i>	29,5	7:00	6h
<i>Łysina</i>	52,0	10:00	9h
<i>Kocierz</i>	65,0	12:30	11h 30min
<i>Międzybrodzie</i>	75,0	14:30	13h 30min
<i>Porąbka</i>	84,5	17:00	16h
<i>Targanice</i>	95,0	19:00	18h
<i>Czarny Groń - FINISH</i>	104,0	21:00	20h

REFRESHMENTS POINTS

Table of the refreshment points on the race route

TOPORNA SETKA	KM	BEVERAGES	MEAL
<i>Andrychów – opposite the swimming pool - START</i>	0	<i>hot tea</i>	-
<i>Ponikiew</i>	14,2	<i>water, coca-cola</i>	<i>oranges, bananas, salty sticks, biscuits, , chocolate, jelly beans, raisins, pickled cucumbers, salt</i>
<i>Ponikiew -Chobot</i>	21,2	<i>water</i>	<i>jelly beans</i>

Leskowiec - shelter	29,5	water, izotonik, coca-cola, hot coffee, hot tea	hot meal , oranges, bananas, biscuits, chocolate, jelly beans, raisins, pickled cucumbers, salt
Leskowiec - peak	38,5	water	jelly beans
Łysina	52,0	water, izotonik, coca-cola	oranges, bananas, biscuits, chocolate, jelly beans, raisins, pickled cucumbers, salt
Potrójna	61,5	water	jelly bans
Kocierz (przepak)	65,0	water, izotonik, coca-cola, hot coffee, hot tea	hot meal , sandwiches with cold meats or cheese, oranges, bananas, biscuits, chocolate, jelly beans, raisins, pickled cucumbers, salt
Międzybrodzie	75,0	water, coca-cola	jelly beans
Porąbka	84,5	water, izotonik, coca-cola	sandwiches with cold meats or cheese, oranges, bananas, biscuits, chocolate, jelly beans, raisins, pickled cucumbers, salt
Trzonka	90,5	water, coca-cola	jelly beans
Targanice	95,0	water, izotonik, coca-cola,	oranges, bananas, biscuits, chocolate, jelly beans, raisins, pickled cucumbers, salt
Czarny Groń - FINISH	104,0	water, hot coffee, hot tea	hot meal

The organiser is not held responsible for the belongings left at refreshment points.

DEPOSIT AND TRANSITION AREA

During the race, every competitor may use the deposit and the transition area facility. The transition area will be located on 65 km at the Kocierz refreshment point.

At the start, in the starter package, the runner will find two bags labelled with their start numbers. One bag will be delivered to the finishing line and the other to Kocierz. Belongings left in the transition area will be transported to the finishing line (after 3:00 p.m.).

The organiser is not held responsible for losing the content od deposits and repositories.

RESIGNATION DURING THE RACE, INJURIES

If a competitor resigns during the race, he or she is obliged to inform the organiser about it as soon as possible:

- at a control point, informing the services about the resignation
- using the organiser's phone number found in the starter package, then getting to the nearest collection point agreed upon on the phone.

The waiting time for the transport depends on the logistic possibilities of the organiser.

If a competitor is injured or finds him/herself in a situation requiring the intervention of a medical team, one shall inform the emergency service as soon as possible by calling the emergency number.

Persons who do not inform about their resignation, shall be charged with the costs of unjustifiable rescue operation.

SAFETY

Participants of the race take full responsibility for their participation and shall not demand compensation from the organisers should they suffer an injury or a material loss.

The competitors provide their own insurance. Agreeing on the race participation, the participant declares that his or her health condition allows for the participation in the running race. During the race, the runners will have to cross a national road, and therefore, extra caution and following instructions of the traffic controllers is required from them. The competitors are obliged to run on the left side of the road and give way to road vehicles on the other road fragments of the race.

If there is an accident, all race participants must give first aid to the injured and inform the medical team about the accident by calling the emergency number.

The organiser reserves the right to cancel the race for reasons beyond the organiser's control (no return of the registration fee).

FANS

The entire race route is open for fans.

Fans and servicemen may assist their runners with drinks, dry clothes, shoes and exchange faulty equipment to new one.

Fans cannot take anything from the runners that is listed on the mandatory equipment list without handing them a replacement.

Fans are asked to collect rubbish when assisting their runners, e.g. when handing water to them.

DISQUALIFICATION OR TIME PENALTIES

Competitors may be disqualified or punished in time, at every moment or the competition for the following actions:

- not having compulsory equipment
- no record of arrival by the judge at the control point
- shortening the designated route
- littering the route
- failure to comply with traffic regulations
- using means of transport
- unsportsmanlike behavior
- running with an unregistered person
- invisible start number
- you can run with the dog but you while be not classified

REGISTRATION AND FEES:

Registration can be made through www.beskidzkitopor.pl

A competitor to register must complete a registration form with his or her personal details and additional information necessary for the preparation of the starter package.

There is a limited number of participants of 200 persons. The order of registering the bank transfer of registration fees counts.

Payment for the race participation depends on the date of the fee registered on the bank account of the organiser.

DEADLINES FOR RECORDS ONLINE	TOPORNA SETKA
until January 31st	200 pln

until March 31st	230 pln
until May 16st	260 pln

The competitors who shall pay the registration fee by 5 May 2019 will receive personalised start numbers.

The payment date is the date of registering the bank transfer of the registration fee on the bank account of the organiser.

After 12 May 2019, the registration will only be possible in the race office the day before the race commences. Persons registered in that manner are not guaranteed full services. The registration fee can only be paid in cash (PLN 260).

The registration fee shall be paid by bank transfer to:

77 1240 4197 1111 0010 6588 8376 Bank Pekao

HIT THE TRAIL EVENTS S.C.

34-120 Andrychów ul. Wyzwolenia 82

State your name and race name (distance) in the title of the bank transfer.

Transferring the starter package to another person shall be only possible upon prior contact with the organiser.

If a participant resigns before 31 March 2019, 40% of the registration fee shall be returned to their bank account. Resignation after 31 March, during the race or no appearance on the start does not entitle to the return of the registration fee.

If a competitor is disqualified for not following the race regulations, the organiser does not return the registration fee.

TRANSPORT

The race organiser provides the transport of competitors:

- after the end of the race at the finishing line in Rzyki to the start location in Andrychów.

Specific departure time will be given in technical communication later on.

CLASSIFICATION

In the Beskidzki Topór run there will be Open Classification for Women and Men and age groups classification:

MEN		WOMEN
M20	18-29 lat (ur. 2001-1990)	K20
M30	30-39 lat (ur. 1989-1980)	K30
M40	40-49 lat (ur. 1979-1970)	K40
M50	50-59 lat (ur. 1969-1960)	K50
M60	above 60 lat (ur. 1959 and older)	K60

Runners awarded in the Open category shall not be awarded again in the age category. The organisers prepares prizes in-kind for the best runners in the above mentioned categories. The value of the prize shall depend on the generosity of sponsors. The condition for collecting a prize is the presence of the competitor on the race closing ceremony.

RESULTS

Final classification and time of individual runners can be found in "RESULTS" tab.

After the race, (if the reception of mobile phones allows) each runner will receive a text message with their results. For all comments and queries concerning the results, contact directly TIME KEEPER, with its registered office in ul. Św. Barbary 40, 39-100 Ropczyce, mail: biuro@timekeeper.pl

PERSONAL DATA AND IMAGE PROTECTION

The participant gives consent for his/her personal data and image to be processed for the purposes of race organisation (under the Data Protection Act dated 29.08.1997 (Dz. U [Journal of Laws] No. 133 item 883)

FINAL PROVISIONS

The organisers reserves the right to introduce changes to the race regulations. All changes shall be published on the race website.

Violation of the race regulations shall result in disqualification from the race.